

Chronic Pain

A brief history of treating pain



How do you define chronic pain? What causes chronic pain?

Chronic pain is

long-term pain and is classified into two types:

Neuropathic



Neuropathic pain is caused by a problem with the nerve pathways, which means the way that the nerve sends pain messages to the brain is affected.7

Nociceptive



Everyone will experience nociceptive pain at some point and this includes injuries, cuts or burns.⁷



Chronic pain is defined as continuous, long-term pain that has lasted for more than 12 weeks.⁵

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Chronic pain can persist for months or even years and can be very difficult to treat.⁶



Prevalence of chronic pain in Europe



The personal impact of chronic pain



The increasing economic and societal burden of chronic pain

Chronic pain has been highlighted as one of the most prominent causes of disability worldwide by the **Global Burden of Disease** reviews.¹⁵

It can impact society in many different ways, including:

The burden on healthcare resources - through direct and indirect costs - of chronic pain is significant. Chronic pain is estimated to cost European healthcare systems.¹⁶



500 million days

of illness per year are lost in Europe, costing the European economy over €34 billion.¹⁷

Better chronic pain management is urgently needed





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